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## **Partner update – Public Health**

The paper provides an update on ongoing wellbeing and prevention activity overseen and delivered by the HSCP Public Health Team in Argyll and Bute, specifically around two areas of work: the Health and Wellbeing Annual Report and the Living Well Mid-strategy report. A summary of each is provided below and the full reports can be accessed from - <https://www.ablivingwell.org/resources-publications>.

### **Public Health Team Annual Report for 2021-2022**

The Public Health Team in Argyll and Bute includes health improvement, health intelligence/data analysis and the Alcohol and Drug Partnership support team. An annual work plan sets out the work of the team and this is reported at the end of each year.

Throughout 2021 – 2022 there were ongoing demands on the team to support the pandemic response; however there was an active remobilisation of core work and recognition of the important contribution the team makes to pandemic recovery as well as addressing the social determinants of health and prevention. The full report provides detail on the range of activity delivered; highlights of this work include:

- Overseeing the commissioning of Community Link Workers in primary care
- Cool2Talk online support for young people
- Smoking cessation
- Smoke free education in primary and secondary schools
- Contribution to strategic priorities such as Suicide Prevention action plan, the Child Poverty plan and the Social Mitigation strategy
- Screening inequalities research
- Youth mental health first aid training
- Health behaviour change training
- Income maximisation and child poverty work
- Type 2 diabetes, physical activity and health weight work
- Covid-19 health surveillance, testing and vaccination activity
- Pathway for residential rehabilitation for people with drug problems
- Implementation of treatment pathways for people with drug problems
- Naloxone training for those at risk of drug overdose

### **Living Well Mid-Strategy Report for 2019 – 2021**

The Argyll and Bute Living Well strategy is Argyll and Bute's five-year self-management strategy and was launched in September 2019. It makes a commitment to support people living with long-term conditions and those at risk of developing them. The strategy focuses on supporting people to manage their own health and supporting communities to build groups and networks which can link people together.

The Living Well Strategy was developed following extensive engagement and consultation with communities in Argyll and Bute. This included multiple focus groups, online Facebook discussions and questionnaires for members of the public, 3<sup>rd</sup> sector organisations and Argyll and Bute HSCP staff. This engagement resulted in a Living Well Implementation Plan which was aligned to the HSCP strategic intentions under four themes:

**People** – People living in Argyll and Bute have the tools and support they need to support them to Live Well

**Community** – There are a wide range of local services to support people to Live Well

**Workforce** - Staff are able and motivated to support the people they see to Live Well

**Leadership** – Effective Leadership is in place to support the delivery of the Living Well strategy

There are a wide range of actions included under each of the above themes and the full strategy, engagement report and implementation plan can be downloaded from here - <https://www.ablivingwell.org/living-well-strategy>.

In September 2022, the Living Well mid-strategy report was published. The report demonstrates the wealth of work undertaken by Living Well partners, the Living Well Networks and via the Living Well grant fund during the first 2.5 year. The interim report reflects on the challenges of the COVID-19 pandemic and looks ahead to the future of Living Well, including the next steps for ensuring that people living in our communities are supported to Live Well.

Some of the highlights from the report include:

- HSCP Primary Care Link worker models scoped and developed for Argyll and Bute, with the Community Link Working service now available in a range of GP practices across Argyll and Bute. Further information available here - <https://www.wearewithyou.org.uk/what-we-do/community-links/>
- Supported several self-management and pain events across Argyll and Bute
- Emotional wellbeing self-care tool developed and tested in partnership with ACUMEN, and subsequently funded for 1 year from the Living Well community capacity fund
- Health & Wellbeing Networks were rebranded as Living Well Networks and supported the Living Well Strategy by selecting a local priority from the Living Well Implementation Plan. There are 8 Living Well Networks supporting community capacity building in health and wellbeing across Argyll and Bute. Further information is available on page 4 of the Public Health Annual report - [https://www.ablivingwell.org/s/Final-ABPH\\_Report2021-22.pdf](https://www.ablivingwell.org/s/Final-ABPH_Report2021-22.pdf) or via <https://www.ablivingwell.org/living-well-networks>

- Living Well Community Capacity fund awarded £69,973 in 2019-2020 and £76,000 in 2020-2021 to projects and services which met the aims and outcomes of the Living Well strategy. Further details about these projects can be found in the report
- Increased access to physical activity, including virtual and new physical activity pathways between HSCP & 3rd sector developed
- Developed and managed the Emotional Support Service as part of a joint COVID-19 Caring for People response
- Three grants for mental health engagement activity awarded to inform local service development
- Virtual sessions held for healthy weight and Type 2 Diabetes Prevention and access to several digital apps increased
- Identified and promoted relevant training and development courses such as reflective practice and health behaviour change courses. Subsequently, five reflective practice sessions on person-centred care held across Argyll and Bute and a new model of NHS Education for Scotland Health Behaviour Change training was introduced.

The full report can be accessed here - <https://www.ablivingwell.org/resources-publications>.

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